

September 2021
Edition



**Du Fresne's
AUTO
REPAIR**

Big News

September Observances

Sept 03: National Food Day Bank

Sept 06: Labor Day

Sept 10: National Swap Idea

Sept 12: Grand Parent day

Sept 13: National Peanut Day

Sept 19th: Batman Day

Sept 29th: National Coffee Day

Sept 30th: Nat. Love People Day

(503)646-2940 DuFresnesAutoRepair.com

DuFresne's Auto Service Big News

Grandparents by the numbers

- * The average age of a first-time grandparent is 50. Some can be as young as 38.
- * Grandparents are more likely to work than people in their same age group who don't have grandchildren.
- * On average, grandparents spend about 7.5 hours every week with grandchildren. If they live within 20 miles, they spend 12.6 hours per week.
- * About a third of grandparents provide financial support for their grandchildren. The closer they live to their grandchildren, the more they provide.
- * Grandfathers provide more financial support than grandmothers.
- * About 70 percent of grandparents plan to purchase something to help their grandchildren. Among the top purchases: car seats, cribs, chairs and clothing.
- * Grandparents are happy. About 3/4 of grandparents say they feel fulfilled in life.



Stats: AARP, 2020

Thank You For The Kind Words

Sabrina Rabinovitch

"I was raised to find a great place to take my cars and continue taking them there. I have found this place!!!! They are always taking care of my cars and not gouging me for things that do hey need to be fixed right away. I have had such anxiety in my past of car repair places gouging me. Not Du Fresne's. They are so honest and that is important at all times. You can not go wrong with Du Fresne 's! Thank you once again for your excellent service and they serve coffee too! I am having coffee next time I drive by, going to work. You guys are

awesome with wonderful values! "

Jason Anthony

"Great service and reasonable prices. Excellent communication, scheduling was a breeze. My truck was done on time and on budget. Couldn't ask for a better experience."

David Crandall

"The past month has been filled with lots of unfortunate circumstances but the light in all of this was Du Fres-

ne's Auto Service's customer service and quick repair. Our car stopped working at the beginning of Rush hour, AAA towed us to Du Fresne's, who stayed open to receive the car. Hospitality was amazing. They were quick (and thorough) to diagnose the next morning and made repairs accordingly. All service was transparent and honest. Repairs fairly priced. Got us back on the road in no time. Thank you! "

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Looking For a Reason to Party? There's a (Peanut) Day for That!



Many foods have a day or week set aside to honor them. But perhaps no food has more celebrations planned year in and year out than the mighty peanut. And National Peanut Butter Day on Saturday kicks off the fun.

"I'm not certain anyone knows for sure why Americans have named so many days or months for USA grown peanuts and peanut butter," said Bob White, a Texas peanut farmer and chairman of the National Peanut Board. "But it doesn't surprise me that America's favorite nut is top of mind all year long."

Peanut butter is well known for its familiar and much loved taste, convenience, portability and affordability. But peanuts and peanut butter truly shine when it comes to delivering nutrition children and adults need to power their day:

- Peanuts have more protein than any nut – with seven grams per serving – for long-lasting energy.
- Peanuts contain over 30 essential vitamins and nutrients and are considered a Superfood.
- Peanuts are heart healthy, a good source of fiber and contain mostly good fats*.
- Americans spend almost \$800 million a year on peanut butter.
- The average child will eat 1,500 peanut butter and jelly sandwiches before he/she graduates high school.

In addition to National Peanut Butter Day, here is just a sampling of days and months devoted to this superfood and creations you can make with it:

- March – National Peanut Month
- March 1 – National Peanut Butter Lover's Day
- March 8 – National Peanut Cluster Day
- April 2 – National Peanut Butter and Jelly Day
- May 18 – I Love Reese's Day
- June 12 – National Peanut Butter Cookie Day
- September 13 – National Peanut Day
- November – National Peanut Butter Lover's Month
- November 20 – National Peanut Butter Fudge Day





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- ◇ 5 Quart Lube, Oil & Filter Change
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\$109.95

Expires 09/30/2021-Not Valid with any other offer

Up to 5 Quart Oil-Most Vehicles.

How to solve Sudoku puzzles

No math is required to solve a Sudoku. You only need logic and patience. Simply make sure that each 3x3 square region

		4			7			
8	9	3						
7			8	3		5		4
6	3	9		5				
				7		2	3	5
1		7		4	5			3
						9	4	8
			2			1		

has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.





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**CHECK ENGINE
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is your Cars
Way Of
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FOR HELP!**



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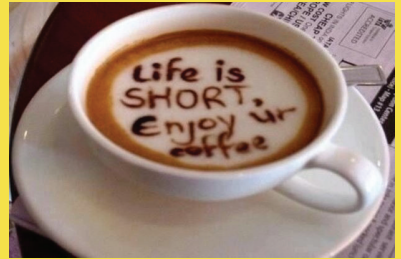
Check Engine Light Diag

Expires: September 30th, 2021

Coupons

5	6	4	1	9	7	3	8	2
8	9	3	5	2	4	7	1	6
7	2	1	8	3	6	5	9	4
6	3	9	4	5	2	8	7	1
2	7	5	3	1	8	4	6	9
4	1	8	6	7	9	2	3	5
1	8	7	9	4	5	6	2	3
3	5	2	7	6	1	9	4	8
9	4	6	2	8	3	1	5	7

50% Off
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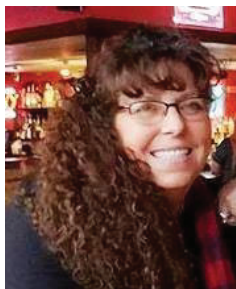
Expires: Sept 30th

\$10.00 Off
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secrets From Nancy & Tee's Kitchen



7-UP Brown Sugar and Garlic Chicken in a Slow Cooker

Ingredients

- 1 Cut up Chicken
- 1 C. Packed Brown Sugar
- 2/3 C. Vinegar
- 1/4 C Sprite or 7-up
- 3 Tblsp Minced Garlic
- 2 Tblsp Soy sauce
- 1 tsp Cayenne Pepper



Mix all ingredient together in crock pot except chicken. Then add Chicken. Heat on low 8 hours or on high 4-5 hours.

You can put over rice, noodles or spaghetti squash

Ingredients you can substitute.

Chicken Thighs or Chicken Breast For Whole Chicken

Stevia Brown Sugar For Brown Sugar

Diet Sprite or Diet 7-up For Sprite or 7-up

Low Sodium Soy Sauce For Soy Sauce



HAPPY
LABOR DAY



Whats That Rattle

In most cars, the muffler is installed in line with the exhaust pipe in order to minimize the noise coming from a car's engine. They actually oppose the engine's sound waves to keep vehicles operating at acceptable noise levels. If you are hearing a rattling noise, it's possible that something is touching the exhaust pipe. It could be a loose bracket, rubber hanger or a connector that has become corroded or failed. Any one of these items could allow a muffler to rattle as the exhaust pipe bangs against another part of your vehicle. You don't want to be driving or hitting a bump only to leave a vehicle part behind you on the road. Not only would this be damaging to your vehicle but to others that are driving behind you when the part falls off. Vehicle components are usually made of aluminized steel or stainless steel, however that doesn't mean they will last forever. Heat, debris, road salt and moisture can cause rust in the exhaust system. Whenever you hear a strange noise, rattle or a loud sound, do not ignore it. These problems tend to get worse over time and the longer you wait, the more it will cost to repair your vehicle. If it's your exhaust, the rattle you hear won't just be annoying but it could also mean the fumes from your exhaust system is not being routed away from your car properly. The fumes could actually be coming into your vehicle from a damaged pipe. Any type of rattle or banging noise should be checked and fixed right away. It could be something external that you can see from the naked eye to an internal problem that could cause further damage. Brackets, bolts, heat shields above the catalytic converter to a number of other components can cause similar noises. Don't wait. Let us help you smooth sail into your daily drive while keeping you and your loved ones safe. Call now. We're here to help.



DuFresne's Auto Service Big News



**Did You Know We Have
Synthetic
Car Care Club Cards?**

Synthetic 5 Quart-Oil Change New Oil Filter 70 point Safety Inspection \$65.99 Most Cars FREE	Synthetic 5 Quart-Oil Change New Oil Filter 70 point Safety Inspection \$65.99 Most Cars FREE	Fuel Injector Cleaning Fuel Filter Extra Regularly \$158.98 \$40.00 Off	A/C CHARGE \$30.00 OFF Evacuation & Rec charge Perform System Leak Check Add Dye for Leaks.	30K, 60K, 90K Service Packages Save \$30.00	Flushes The More You Do the More You Save 1 Flush \$20.00 2 Flush \$30.00 3 Flush \$40.00 4 Flush \$50.00
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A Family Tradition Since 1968

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**DuFresne's
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10690 NW Cornell
Portland, Oregon 97229
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**AAA
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Auto Repair**

DuFresne's Auto Service Mission:
 "To treat our customers as we would like to be treated. To do the repair right the first time with all work guaranteed for a minimum 12 months, 12,000 miles unless otherwise stated. Some of our warranties are life time."

**Hours
Mon-Fri 6-5:30
Sat. 8-5**

503-646-2940

Customer Name _____

Card Expires: _____

Synthetic 5 Quart-Oil Change New Oil Filter 70 point Safety Inspection \$65.99 Most Cars FREE	Synthetic 5 Quart-Oil Change New Oil Filter 70 point Safety Inspection \$65.99 Most Cars FREE	Brake Inspection & Tire Rotation Regular \$36.74 or \$36.74 OFF if more for 8 dual for axles or custom wheels FREE	\$30.00 OFF Any Repair over \$500.00 not Covered by any discount or coupon	Charging System Check: Alternator, Battery & Starter Regularly \$37.79 FREE	Alignment Computerized All Wheel Shims & Parts Extra if necessary Regularly \$95.38 Save \$40.00
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\$555.00 in Savings

~~**For \$259.99**~~

\$229.99 Sept Only

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Catalytic Converter Theft Wave Growing

Study: Thefts On Pace to More Than Quadruple

Data scientists from the background-check firm [BeenVerified](#) found 14,433 reports of stolen catalytic converters in 2020. In just the first five months of 2021, they found 25,969. In 2019, they found reports of just 3,389 catalytic converter thefts..Thefts were most common in California, Texas, Washington, Minnesota, and Colorado. Colorado, Connecticut, and Arizona saw the biggest spike in thefts.

How Are They Stolen?

Thieves generally steal a catalytic converter by sliding underneath the car and sawing it out of the exhaust system. With a hand-held power saw, the whole operation can take just a few minutes.

Thieves target new cars because the concentration of valuable rare metals in a catalytic converter degrades over time.

Entire Article on [KBB.com](#)



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Susan Taylor
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Exceptional Customer of the month.

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